

Sivananda Sarma Memorial R.V. Coll

UG , PG Programmes & Research Centre Affiliated to Bengaluru Central University Accredited by NAAC with 'A' Grade Ranked among top 5 Colleges in India (India Today - MDRA Survey 2018 & 2019)

## **ACTIVITY REPORT**

ACADEMIC YEAR 2022-		
23		
	1.BASIC DETAILS	
Name of the Activity	Yoga Day	
Date	21/JUNE/2022	
Faculty	Shreyas K	
Organized by:	National Cadets	
Name of	Corps	
Committee/Club	Health Club	
Coordinator	Sports Club	
In charge of Activity	Shreyas KS	
Time	6:30 AM	
Venue	College Campus	

Activity for the	Group	
class/Group		
Nature:	Extra-curricular	
Academic/Co-	Activity	
curricular/Extra-		
curricular/Other		
2.Brief Information About		
Activity		
Topic/Subject of	Yoga Day	
Activity		
Objectives of the	Preforming Yoga	
Activity	in Early Morning	
Methodology		
Outcome of Activity	150 participant	
	took part	
3.PROOFS		
ATTACHED		
Letter/Attendance		
sheet/Certificate/Feedback/Account		

## documents/Photo etc







