



**A Report on
Outreach Programme conducted by
APARAJITHA- WOMEN EMPOWERMENT CELL,
SSMRV COLLEGE**



**Outreach Programme initiated by APARAJITHA – WOMEN EMPOWERMENT CELL
on the occasion of World Menstrual Hygiene Day**

By

**Conducting SANITARY PAD DISTRIBUTION DRIVE
IN FEW RECOGNISED GOVERNMENT GIRLS HIGH SCHOOL ACROSS BENGALURU CITY**

The poster is for a 'Sanitary Pad Distribution Drive' organized by SSMRV - Youth Red Cross, Aparajitha-women Empowerment Cell & Ayush-Health Club. It is held on the occasion of World Menstrual Hygiene Day 2022, from May 31st to June 1st, 2022. The poster features logos for R.V. Educational Institutions, Sivananda Sarma Memorial R.V. College, SSMRV 360, SSMRV Youth Red Cross, Aparajitha Women Empowerment Cell, and Ayush-Health Club. It also lists the convenors: Mrs. Roopalatha M, Mrs. Shakeela MK, Mrs. Vidya UJ, and Dr. S Anil Kumar. The tagline 'Go, change the world' is at the bottom.

R.V. Educational Institutions
Sivananda Sarma Memorial R.V. College
UG & PG Programmes
Affiliated to Bengaluru City University
Accredited by NAAC with 'A' Grade
Ranked among top 5 Colleges in India
(India Today - MDRA Survey 2018, 2019, 2020 & 2021)

SSMRV - Youth Red Cross,
APARAJITHA-women Empowerment Cell &
Ayush-Health Club
organizes

"Sanitary Pad Distribution Drive "
on the occasion of World Menstrual Hygiene Day 2022

**Date : 31th May 2022 &
01st June 2022**

Mrs. Roopalatha M
Convenor, Ayush-Health Club
SSMRV College

Mrs. Shakeela MK
Convenor, Aparajitha-WEC
SSMRV College

Mrs. Vidya UJ
Convenor, SSMRV-YRC
SSMRV College

Dr. S Anil Kumar
Principal
SSMRV College

Go, change the world

Distribution of sanitary pads:

On 29th May 2022 the sanitary pads were packed for distribution. On 30-5-22 students approached the principal of the government schools to take permission for distributing the sanitary pads and the WEC student volunteers gave awareness about the hygiene to the girl students of various High School by using charts and presentation. Next day ie., 31st of May – 2022 to 4th of June 2022 students went to the few recognised girls High Schools for distributing the pads and explained students about the hygiene and the benefits of using the pads.

The sanitary pads were distributed to the following government schools

- *GHS Gottigere
- * Divya jyothi government to Arekere
- * high school bilekahalli, sundar ram nagar
- * Gynaprakashan government school bilekahlli
- * Government school gottigere
- * High School Kalena Agrahara etc....

2000 sanitary pads were distributed to the girl students. The principals of the schools appreciated the students for building awareness on hygiene, use of sanitary pads and presented the thank you letter for organising the programme.













WEC Activity centre Incharge