

Report on Seminar conducted by Youth Red Cross, SSMRV COLLEGE

Seminar organized on World Menstrual Hygiene Day

Aparajitha - Women empowerment cell , SSMRV – Youth Red Cross and The Ayush- Health Club had organized a seminar on “ Making Mensuration A Normal Fact of Life” . The resource person for the event was **Dr. Maheshwari, MBBS, MD,DFID (CMC Vellore), GMHE (IIM Bangalore), Head of central war room, BBMP.on30th May 2022 from 3.30pm to 5.00pm in seminar hall.**

The Seminar was conducted for –all girl students (B. Com, BCA, BBA and M.Com courses), teaching and non-teaching staffs. The total number of participants was 75.

Dr. **Maheshwari** focused on the menstrual cycle and the importance of hygiene and explained about the menstrual problems and right time to approach the gynecologist. Doctor explained about the use of sanitary products like menstrual cups, caps, tampons etc.,

R.V. Educational Institutions
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WITH HUMANITY, TOWARDS PEACE
SSMRV YOUTH RED CROSS


APARAJITHA
WOMEN EMPOWERMENT CELL


AYUSH
HEALTH CLUB


**APARAJITHA-women Empowerment Cell,
SSMRV - Youth Red Cross & Ayush-Health Club
organizes**


Seminar on "Menstrual Hygiene"
on the occasion of World Menstrual Hygiene Day 2022

Resource Person :


Dr Maheshwari
MBBS MD DFID (CMC Vellore) GMHE (IIM Bangalore)
Head of central war room BBMP Bangalore

 **Date : 30th May 2022**

 **Time : 03:30 PM
Onwards**

 **Venue :- Seminar Hall**

Mrs. Roopalatha M
Convener, Ayush-Health Club
SSMRV College

Mrs. Vidya UJ
Convener, SSMRV-YRC
SSMRV College

Mrs. Shakeela MK
Convener, Aparajitha-WEC
SSMRV College

Dr. S Anil Kumar
Principal
SSMRV College

All are welcome

Go. change the world

