

**SSMRV COLLEGE**  
**Report on Outreach Programme conducted by YOUTH RED CROSS**

Outreach Programme initiated by **YOUTH RED CROSS**  
**on the occasion of World Menstrual Hygiene Day**  
**By**  
**Conducting SANITARY PAD DISTRIBUTION DRIVE**  
**IN FEW RECOGNISED GOVERNMENT GIRLS HIGH SCHOOL ACROSS BENGALURU CITY**

**RV INSTITUTIONS**  
R.V. Educational Institutions  
**Sivananda Sarma Memorial R.V. College**  
UG & PG Programmes  
Affiliated to Bengaluru City University  
Accredited by NAAC with 'A' Grade  
Ranked among top 5 Colleges in India  
(India Today - MDRA Survey 2018, 2019, 2020 & 2021)

**SSMRV 360**  
Empowering Lives

**WITH HUMANITY, TOWARDS PEACE**  
SSMRV YOUTH RED CROSS

**APARAJITHA**  
WOMEN EMPOWERMENT CELL

**AYUSH**

**SSMRV - Youth Red Cross,  
APARAJITHA-women Empowerment Cell &  
Ayush-Health Club**  
organizes

**"Sanitary Pad Distribution Drive "**  
on the occasion of World Menstrual Hygiene Day 2022

**Date : 31th May 2022 &  
01st June 2022**

**Mrs. Roopalatha M**  
Convenor, Ayush-Health Club  
SSMRV College

**Mrs. Shakeela MK**  
Convenor, Aparajitha-WEC  
SSMRV College

**Mrs. Vidya UJ**  
Convenor, SSMRV-YRC  
SSMRV College

**Dr. S Anil Kumar**  
Principal  
SSMRV College

*Go, change the world*

Distribution of sanitary pads:

On 29<sup>th</sup> May 2022 the sanitary pads were packed for distribution. On 30-5-22 students approached the principal of the government schools to take permission for distributing the sanitary pads and the WEC student volunteers gave awareness about the hygiene to the girl students of various High School by using charts and presentation. Next day ie., 31<sup>st</sup> of May – 2022 to 4<sup>th</sup> of June 2022 students went to the few recognised girls High Schools for distributing the pads and explained students about the hygiene and the benefits of using the pads.

The sanitary pads were distributed to the following government schools

- \*GHS Gottigere
- \* Divya jyothi government to Arekere
- \* high school bilekahalli, sundar ram nagar
- \* Gynaprakashan government school bilekahlli
- \* Government school gottigere
- \* High School Kalena Agrahara etc....

2000 sanitary pads were distributed to the girl students. The principals of the schools appreciated the students for building awareness on hygiene, use of sanitary pads and presented the thank you letter for organising the programme.

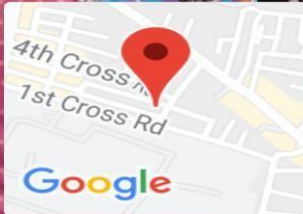
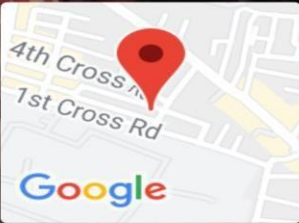


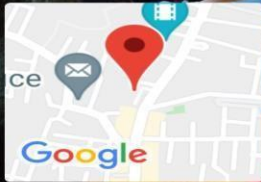


**Bengaluru, Karnataka, India**  
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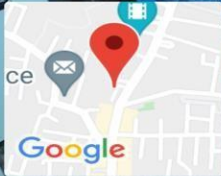


**Bengaluru, Karnataka, India**  
Divya Jyothi School, 478, Indira Gandhi Housing Colony, Arekere, Bengaluru, Karnataka 560076, India  
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**Bengaluru, Karnataka, India**  
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560076, India  
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**Bengaluru, Karnataka, India**  
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Bengaluru, Karnataka 560076, India  
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GPS Map Camera



**Bengaluru, Karnataka, India**  
SHRI DIVYA JYOTHI AIDED HIGHSCHOOL, Indira Gandhi  
Housing Colony, Arekere, Bengaluru, Karnataka 560076, India  
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