

7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year

a) Safety and Security





b) Counseling

Sivananda Sarma Memorial R.V. College
UG & PG Programmes
Affiliated to Bengaluru City University
Accredited by NAAC with 'A' Grade
Ranked among top 5 Colleges in India
(India Today - MDRA Survey 2018, 2019, 2020 & 2021)

Udyotana Club
Student's Counselling Centre

Cordially invites you to a
Student Development Programme on
"Emotions Rooted to Thoughts"


Dr. Bharathi M G
Guest Speaker
Certified Personal Counsellor

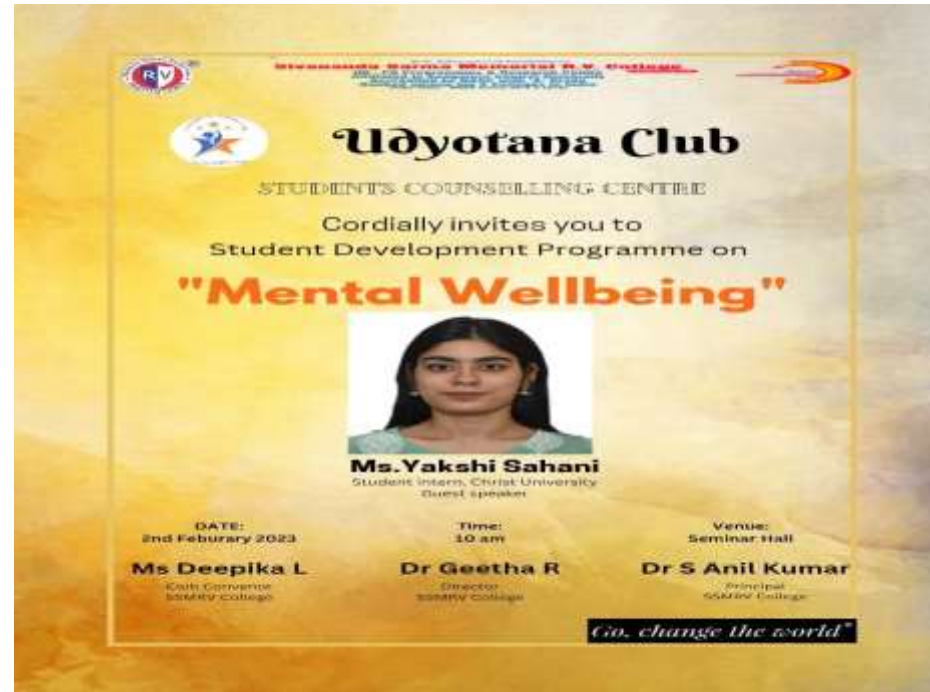
Date: 12th August 2022
Time: 2.30 pm
Venue: Seminar Hall

Faculty & Office Bearers Udyotana
Ms Deepika L Convenor
Dr Anil Kumar S Principal

Go...change the world



b) Counseling



c) Common Rooms



e) Other relevant Information



Activity Report

Academic year 2021-22	
1. Basic details	
Name of Activity	Emotions rooted to thoughts .
Date	12th August 2022
Faculty	Ms. Deepika. L
Organized by Name of Department/ Name of Committee/ Club	Office bearers and members . B.Com Udyothana club
Coordinator/ In-charge of Activity	Ms. Deepika. L
Time	2.30pm
Venue	Seminar hall
Activity for Class/Group	Group
Nature: Academic /Co- curricular/extracurricular/other	Extracurricular.
2. Brief information about Activity	
Topic /Subject of activity	Emotions rooted to thoughts .
Objectives of the activity	Emotion has a particularly strong influence on attention, especially modulating the selectivity of attention as well as motivating action and behavior.
Methodology	Guest speaker Dr. Bharathi M G took the session lively.
Outcome of Activity	Stay positive and believe in yourself, Being gratitude towards everything.
3. Proofs attached	
Letters /Attendance sheet/Certificate/ Feedback/Account document /Photo etc.	

Ms. Deepika. L.
Activity In-charge

Deepika L



Pictures/ any documents

Counselling Sessions Log sheet

Trainee Counsellor Name – Yakshi Sahani


College – CHRIST (Deemed to be University), Bangalore 560029

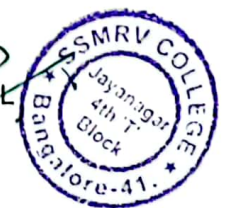
DATE	TIME	SESSION	NAME	MODE
2/02/2023	11:45 – 12:40 pm	1	Anurag	offline
2/02/2023	1:00 – 2:00 pm	1	Praveen	Offline
03/02/2023	10:00 am – 11:00 am	1	Ashraf	Offline
03/02/2023	12:30pm – 1:30 pm	1	Azmiya	Offline
03/02/2023	1:45pm – 2:30 pm	1	Jamil	Offline
03/02/2023	2:45pm – 3:30pm	1	Adarsh	Offline
09/02/2023	10:00am – 11:00 am	1	Usman	Offline
09/02/2023	12:00 pm – 1:00 pm	2	Ashraf	Offline
09/02/2023	1:05 pm – 2:00 pm	1	Aarti Sharma	Offline
09/02/2023	2:10 pm – 3:10 pm	1	Divya	Offline

Some of the sessions were done by the trainee counsellor herself and some of the sessions were taken up for supervision with the faculty supervisor. None of the information was disclosed and confidentiality was maintained throughout.


CONVENOR


STUDENT COUNSELLOR


PRINCIPAL



Counselling Sessions Log sheet

Trainee Counsellor Name – Yakshi Sahani


College – CHRIST (Deemed to be University), Bangalore 560029

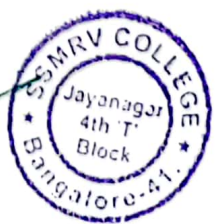
DATE	TIME	SESSION	NAME	MODE
2/02/2023	11:45 – 12:40 pm	1	Anurag	offline
2/02/2023	1:00 – 2:00 pm	1	Praveen	Offline
03/02/2023	10:00 am – 11:00 am	1	Ashraf	Offline
03/02/2023	12:30pm – 1:30 pm	1	Azmiya	Offline
03/02/2023	1:45pm – 2:30 pm	1	Jamil	Offline
03/02/2023	2:45pm – 3:30pm	1	Adarsh	Offline
09/02/2023	10:00am – 11:00 am	1	Usman	Offline
09/02/2023	12:00 pm – 1:00 pm	2	Ashraf	Offline
09/02/2023	1:05 pm – 2:00 pm	1	Aarti Sharma	Offline
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CONVENOR


STUDENT COUNSELLOR


PRINCIPAL



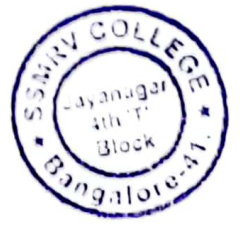
UDYOTANA CLUB
Attendance Sheet
Mental Wellbeing

Topic :

Date: 2/2/23

SI NO	Name	Section	Year	Department	Sign
1	POORVI MITTAL N	D	11	B.COM	Poorvi
2	Anjali kumar P. K	D	2nd	B.COM	Anjali
3	Sonal kumari. G	D	2nd	B.com	Sonal
4	Ayesha Banu	D	2nd	B.com	Ayesha
5	Tidhumathi . G	D	2nd	B.com	Tidhumathi
6	Anitha kumari Tapriel	D	2nd	B.com	Anitha
7	chandini singh	D	2nd	B.com	chandini
8	Kunjai kumari	D	2nd	B.com	Kunjai
9	Anisha kumari sak	D	2nd	B.com	Anisha
10	Vinayash kalburgi	D	2nd	B.com	Vinayash
11	Aditya Devraj	D	2nd	B.com	Aditya
12	Rohan Pawar	D	2nd	B.com	Rohan
13	Chandan. N	D	2nd	B.com	Chandan
14	Shubha sh	D	2nd	B.com	Shubha
15	Shashank	D	2nd	B.com	Shashank
16	N. Ramya	F	2nd	B.com	N. Ramya
17	Kavya. J. S	F	2nd	B.com	Kavya. J. S
18	Mohana. P	F	2nd	B.com	Mohana. P
19	Arathi Sharma.	C	3rd	B.com	Arathi
20	Braundasei. M.R	C	3rd	B.com	Braundasei
21	Nikhitha. N	C	3rd	B.com	Nikhitha
22	Rukana. S	B	3rd	B.com	Rukana. S
23	Rakshitha - S	B	3rd	B.com	Rakshitha - S
24	Aishwarya - T	B	3rd	B.com	Aishwarya - T
25	Hareetha MN	B	3rd	B.com	Hareetha MN
26	Sanjana. M	E	3rd	B.com	Sanjana. M
27	Impara. N.S	E	3rd	B.com	Impara
28	Sanjana. B. Nair	E	3rd	B.com	Sanjana. B. N
29	Kavyashree. M	B	3rd	BBA	Kavyashree. M
30	Sukrutha	B	3rd	BBA	Sukrutha
31	Kethan. GK	B	3rd	BBA	Kethan
32	shashank	B	3rd	BBA	shashank
33	Monish. L	B	3rd	BBA	Monish
34	Adarsh	B	3rd	BBA	Adarsh
35	Monish. R	B	3rd	BBA	Monish. R
36	Nipkitha. L. S	E	3rd	B.com	Nipkitha
37	Modini. P	E	3rd	B.com	Modini
38	Arpesh. T. Nagar	E	3rd	B.com	Arpesh
39	Rixan D	E	3rd	B.com	Rixan
40	Tejashwini. G	E	3rd	B.com	Tejashwini
41	Pooja Naidu. N	E	3rd	B.com	Pooja
42	Harshitha. M [392]	E	3rd	B.com	Harshitha
43	Harshitha. M [236]	E	3rd	B.com	Harshitha
44	ANCOOL XYSHNA	E	3rd	B.com	ANCOOL
	Ganesh. M	E	3rd	B.com	Ganesh
	Baba Motam med	C	3rd	B.com	Baba
	celshant	C	3rd	B.com	celshant

Adarsh C
3rd B-Com
Anurag C
3rd B-Com



Paaveen
Shaik Jameel Ali

C " " 3rd B.COM

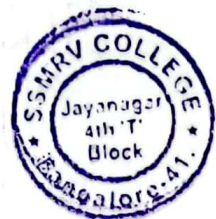
SI NO	Name	Section	Year	Department	Sign
45	Swaroop P.T	E	3 rd	B.COM	HP
46	Hemant S	E	3 rd	B.COM	HP
47	Yuvraj K	F	3 rd	B.COM	Yuvraj
48	Parveen Taj	A	3 rd	BBA	PS
49	Aliya Sultana	A	3 rd	BBA	AS
50	Sulhiya kaani	A	3 rd	BBA	SK
51	Sahana J.P	M.COM	II nd	M.COM	Sahana
52	Rupal N. Yadav	M.COM	II	M.COM	Rupal
53	Seethamitha N.	M.COM	II	M.COM	Seetha
54	Tejaswini R	M.COM	2 nd sem	M.COM	Tejaswini R
55	Kluthi G	M.COM	2 nd sem	M.COM	Kluthi
56	ANU B	M.COM	2 nd sem	M.COM	ANU
57	Pooja V.S	M.COM	2 nd sem	M.COM	Pooja
58	Sahana M	M.COM	2 nd sem	M.COM	Sahana
59	Priyanka A	M.COM	2 nd sem	M.COM	Priyanka
60	Shambhani V	B.COM	3 rd Year	B.COM	Shambhani V
61	Yashini C.S	B	3 rd Year	B.COM	Yashini C.S
62	Anjali P.N	B	3 rd Year	B.COM	Anjali P.N
63	Vishwanath	B	3 rd Year	B.COM	Vishwanath
64	Shashank N	B	3 rd Year	B.COM	Shashank
65	Hemant K.B	B	3 rd Year	B.COM	Hemant
66	Dhanush	B	3 rd Year	B.COM	Dhanush
67	Manikanta	B	3 rd Year	B.COM	Manikanta
68	Jayanth	B	3 rd Year	B.COM	Jayanth
69	Hemant K.P	M.COM	II nd Year	M.COM	Hemant
70	Sakshi Kulkarni	BBA Aviation	3 rd Year	Aviation	Sakshi
71	Anshik K.G. Bann	BBA Aviation	3 rd Year	Aviation	Anshik
72	Shankha Ganesh	BBA Aviation	3 rd Year	Aviation	Shankha
73	P. Srisila Jaimine	BBA Aviation	3 rd Year	Aviation	P. Srisila
74	Omkar	BBA Aviation	3 rd Year	Aviation	Omkar
75	Rohan	BBA Aviation	3 rd Year	Aviation	Rohan
76	Hanumanthappa S.	B.COM A	3 rd Year	B.COM	Hanumanthappa
77	Jeevan	B.COM A	3 rd Year	B.COM	Jeevan
78	Yashaswini S	B.COM A	3 rd Year	B.COM	Yashaswini
79	Akshatha	B.COM A	3 rd Year	B.COM	Akshatha
80	Madhu	B.COM A	3 rd Year	B.COM	Madhu
81	Prasanna A	B.COM E	3 rd Year	B.COM	Prasanna
82	Sulpha Mehak	B.COM C	3 rd Year	B.COM	Sulpha
83	Anjum Kour	C	3 rd Year	B.COM	Anjum
84	Urmie Hari	C	3 rd Year	B.COM	Urmie
85	Neha pal	C	3 rd Year	B.COM	Neha
86	Muskan M	C	3 rd Year	B.COM	Muskan
87	Thyashree J. Kumar	A	3 rd	B.COM	Thyashree
88	Sanjana K.	A	3 rd	B.COM	Sanjana
89	Abhishek N	A	3 rd	B.COM	Abhishek N
90	Ajay S	A	3 rd	B.COM	Ajay S
91	Mohammed Danish	E	2 nd Year	B.COM	Danish
92	VISHNU.H.H	E	2 nd Year	B.COM	Vishnu
93	Banashree H	E	2 nd Year	B.COM	Banashree
	Keerthana C	E	2 nd Year	B.COM	Keerthana
	Srushti S	F	2 nd Year	B.COM	Srushti S



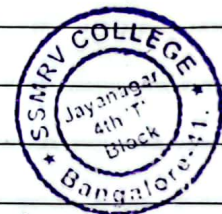
NO	Name	Section	Year	Department	Sign
94	Madhan.S.R	F	II	B.Com	
95	Shait Azzath	'F'	II	B.COM	
96	Manjunath.P	F	II	BCOM	
97	Vishnu H.N	F	II	BCOM	
98	PRASWAL.A	F	II	B.com	
99	CHETHAN.U.N	F	II	B.com	
100	VIJAY.B	A	II	B.com	
101	Vasanthini.R	E	II	B.LEM	Vasanthini.R
102	C.Harshika	F	II	B.com	C.Harshika
103	Soumya.S	E	II	B.com	Soumya.S
104	Chandrika.M	E	II	B.com	Chandrika.M
105	Deepika.B	E	II	B.com	Deepika
106	Nandini.P	F	II	B.com	Nandini
107	Paiyanika Madappa	F	II	B.COM	Paiyanika
108	Chandana.K	F	II	B.com	chandana
109	Franchina caroline	F	II	B.COM	Franchina
110	Ambika.R	F	II	B.COM	Ambika
111	(Sudeep.K.R	F	II	B.COM	Sudeep.K.R
112	(Shashi.Rinon	F	II	B.COM	Shashi
113	Tamir Singh	C	II	B.COM	Tamir
114	Mogra Shree	C	II	B.COM	Mogra
115	Riya	C	II	B.COM	Riya
116	Huda	C	II	B.COM	Huda
117	Shriya.C	C	II	B.COM	Shriya
118	Shravyashree.E	C	II	B.COM	Shravya
119	NITTI	C	II	B.COM	Nitti
120	Shruthi.A	A	II	B.com	Shruthi.A
121	Arshitha.G	A	II	B.COM	Arshitha.G
122	Tijaraj.Pri.A	A	II	B.com	Tijaraj.Pri.A
123	Hemavibree	A	II	B.COM	Hemavibree
124	B.SHALINI	A	III	B.COM	B.Shalini
125	VARSHITHA.S.N	C	III	B.com	Varshitha
126	VEERKA.H.M	C	III	B.com	Veerka
127	SANKEE.MANE	B	III	B.com	Sankee
128	Gowtham.R	A	III	B.com	Gowtham
129	Harsha.R	A	II	B.COM	Harsha
130	Shritha	A	II	B.COM	Shritha
131	Abhishek.C	A	II	B.COM	Abhishek
132	Hemanth.K.M	A	II	B.COM	Hemanth
133	Bhinaraya.N	A	II	B.com	Bhinaraya
134	Jeevan	A	II	B.com	Jeevan
135	Bharath	A	II	B.COM	Bharath
136	Arjun	A	II	B.COM	Arjun
137	prabhakar.Rao.R	A	II	B.COM	Prabhakar
138	Sagar.S	A	II	B.COM	Sagar
139	Niray	A	II	B.COM	Niray
140	Suhar.V	A	II	B.COM	Suhar
141	Darshan.A.pai	A	II	B.COM	Darshan
142	Pradeep.K	A	II	B.COM	Pradeep
143	Yashas.J	E	III	B.com	Yashas
144	Darshan Gowdan'E'		III	B.com	Darshan



145	Manoj Kumar V	'E'	Bcom	<u>III</u>	Manoj
146	Harshan R	'E'	Bcom	<u>III</u>	Harshan
147	Akshatha M	'E'	Bcom	<u>III</u>	Ad
148	Neha Reddy S	'D'	B.com	<u>III</u>	Neha Reddy
149	Amisha T.	'D'	B.com	<u>III</u>	Amisha
150	Uday Kiran	'A'	B.com	<u>III</u>	Uday
151	Raja Hayagreeva G.R.V.	'A'	B.COM	<u>III</u>	Uday Raja Hayagreeva
152	Soudhar N	'A'	B.com	<u>II</u> year	Soudhar
153	Yogesh Kumar R	'A'	B.com	<u>II</u> year	Yogesh
154	MANOJ.M	'A'	B.com	<u>II</u> year	P MANOJ
155	PRAMOD.T.M	'A'	B.com	<u>II</u> year	Pramod
156	Aain ulla	'B'	BBA	<u>III</u> year	Aain
157	Zubair	'A'	BBA	<u>III</u> year	Zubair
158	Mohamed Zaid	'B'	BBA	<u>III</u> year	Zaid
159	Pavan. A.S	'F'	B.com	<u>II</u> year	Pavan
160	Mukhesh.T.N	'E'	B.com	<u>III</u> year	Mukhesh.T.N
161	Fardeen Parva 'A'	'A'	BBA	<u>III</u> year	Fardeen Parva
162	Tharun Kumar. P		B.com	<u>II</u> year	Tharun Kumar
163	PREETHAN.P		B.com	<u>II</u> year	Preethan
164	Touhid HUSSAIN 'A'	'A'	BBA	<u>III</u> year	Touhid Hussain
165	Nithin.P		B.com	<u>II</u> year	Nithin
166	Shaif Haseem 'B'	'B'	BBA	<u>III</u> year	Shaif
167	Nithish Jayanth 'A'	'A'	BBA	<u>III</u> year	Nithish
168	Kishore.C	'B'	BBA	<u>III</u> year	Kishore
169	Rifesh.B.R	'B'	BBA	<u>III</u> year	Rifesh.B.R.
170	Ankitha.B.N	'B'	BBA	<u>III</u> year	Ankitha
71.					



Name	Section & class	
P. sirisha	BCOM III yr 'C'	P. Sirisha
Neethu V.S	BCOM II yr 'C'	Neethu
Maujmathk	BCOM III yr 'C'	Maujmathk
Shyam P	BCOM III yr 'C'	Shyam
Achutha. B.k	B.com III yr 'D'	Achutha
Deekshitha. R	B.com III yr 'D'	Deekshitha
Kaveetha D.U	B.com III yr 'D'	Kaveetha
Bhavana. W	B.com III yr 'D'	Bhavana
Sanket Manu	B.com III yr 'B'	Sanket
Veebha HM	B.com III yr 'C'	Veebha
Vasukitha. J.N	B.com III yr 'C'	Vasukitha
Shalini. B	B.com III yr 'A'	B. Shalini
Tijarwadai. A	B.com III yr 'A'	Tijarwadai
Hemashree. KA	B.com III yr 'A'	Hemashree
Shreya. A	B.com III yr 'A'	Shreya
NAKUL. P	B.com III yr 'B'	NAKUL
P.V. Sreenidhi	B.com 2 nd 'D'	P.V. Sreenidhi
Binchana. B	B.com 2 nd 'D'	Binchana



Deepika
2/2/23



R.V. Educational Institutions
Sivananda Sarma Memorial R.V. College

UG . PG Programmes & Research Centre
Affiliated to Bengaluru Central University
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Ranked among top 5 Colleges in India
(India Today - MDRA Survey 2018 & 2019)

Transforming Lives



Activity Report

Academic year 2022-23	
1. Basic details	
Name of Activity	Emotions rooted to thoughts .
Date	12th August 2022
Faculty	Ms. Deepika. L
Organized by Name of Department/ Name of Committee/ Club	Office bearers and members . B.Com Udyothana club
Coordinator/ In-charge of Activity	Ms. Deepika. L
Time	2.30pm
Venue	Seminar hall
Activity for Class/Group	Group
Nature: Academic /Co- curricular/extracurricular/other	Extracurricular.
2. Brief information about Activity	
Topic /Subject of activity	Emotions rooted to thoughts .
Objectives of the activity	Emotion has a particularly strong influence on attention, especially modulating the selectivity of attention as well as motivating action and behavior.
Methodology	Guest speaker Dr Bharathi M G took the session livly.
Outcome of Activity	Stay positive and believe in yourself. Being gratitude towards everything.
3. Proofs attached	
Letters /Attendance sheet/Certificate/ Feedback/Account document /Photo etc.	

Pictures/ any documents

Ms. Deepika. L

Activity In-charge

Deepika L





R.V. Educational Institutions

Sivananda Sarma Memorial R.V. College

Transforming Lives



UG & PG Programmes
Affiliated to Bengaluru City University
Accredited by NAAC with 'A' Grade
Ranked among top 5 Colleges in India
(India Today - MDRA Survey 2018, 2019, 2020 & 2021)



Udyotana Club

Student's Counselling Centre

Cordially invites you to a
Student Development Programme on

"Emotions Rooted to Thoughts"



Dr. Bharathi M G

Guest Speaker

Certified Personal Counsellor

Date:
12th August 2022

Time:
2.30 pm

Venue:
Seminar Hall

Faculty & Office Bearers
Udyotana

Ms Deepika L
Convenor

Dr Anil Kumar S
Principal



Go, change the world

Mrs. Bharathi MG was born on 12/1/1956. She is a retired assistant professor and HOD of Kannada at SSMRV Degree College.

She has done her schooling from Vijaya High school and she is a science graduate from National College Basavanagudi and holder of MA.

She has served in many school and college like Sudarshan Vidya Mandir, BMS College of Women, SSMRV etc. Also presently professor in seminar conducted at state level of Kuvempu and PuTi NarasimhaAcharya.

She is also associated with conducting programs in and outside the college worked as head of Various communities like culture, women empowerment, student counseling music, drama etc also worked in the NAAC co-ordination team.

She has been awarded with doctor GP Raja Rathnam gold medal and PHD for thesis on complete works of Dr PuTi NarasimhaAcharya.

Well-versed in Hindustan and carnatic music and has been interest in Flower arrangement, Gardening, Yoga, Physiology, Reading Books and Writing.

She is associated with Sri Swanandashrama since 35 years. Ashrama has so religious activists and also a huge temple construction project.

Presently she is member of governing council of APS public school and Life member of APS Education Trust.

She is a certified personal counselor who is freelancing counseling through telecommunication.

Please put your hands together to welcome Bharathi mam.....



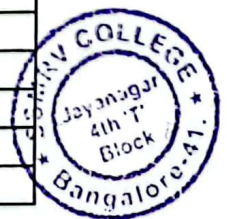
UDYOTANA CLUB
Attendance Sheet

Topic : Emotions Rooted to Thoughts

Date: 12/8/22

Volunteers.

SI NO	Name	Section	Year	Department	Sign
1	Vogesh Kumar.R	A	I	B.COM	Vogesh
2	Raja Hayagreeva G.R	A	I	B.COM	Raja Hayagreeva
3	R. Lalith Rajan	A	I	B.COM	Raj
4	RAKSHITH.S	A	I st	B.COM	Rakshith
5	Tejas.R	A	I	B.COM	Tejas
6	Shubha Sagar.H	E	II nd	B.COM	Shubha Sagar
7	Keerthana	E'	II nd	B.COM	Keerthana
8	Preetheem .M.S	F'	II nd	B.COM	Preetheem
9	Tarun.	E'	II nd	B.COM	Tarun
10	Vasha. B.A	A	I st	B.COM	Vasha
11	Mohan kumar.k	'A'	1 st	B.COM	Mohan
12	Vijay.B	'B'	1 st	B.COM	Vijay
13	Uday Kiran.N	'A'	1 st	B.COM	Uday
14	Vignesh.S	F'	II	B.COM	Vignesh
15	Mohish.E	C	III	B.COM	Mohish
16	Ashok.V.R	C	III	B.COM	Ashok
17	Srujan Bharadwaj	C	III	B.COM	Srujan
18	Tanisha	C	III	B.COM	Tanisha
19	Keshava.C	B	I	B.COM	Keshava
20	Ganganajulu	A	I	B.COM	Ganganajulu
21	Harsith	C	III	B.COM	Harsith
22	Shwetha.L	B	I	B.COM	Shwetha
23	MANASA.C	B	I	B.COM	Manasa
24	Charitha .B.P	B	I	B.COM	Charitha
25	Hanuman.S	B	I	B.COM	Hanuman
26	Kavara.B.S	B	I	B.COM	Kavara
27	Navya Shree.R	B	I	B.COM	Navya
28	Monisha.A	B	I	B.COM	Monisha
29	Keerthana .SR	B	I	B.COM	Keerthana
30	Aashitha.G	A	I	B.COM	Aashitha
31	Hemashree.K.A	A	I	B.COM	Hemashree
32	Kamashree.D	B	I st	B.COM	Kamashree
33	Harsitha.M	B	I st	B.COM	Harsitha
34	Manasa.S	B	I st	B.COM	Manasa
35	Kavitha.R	B	I st	B.COM	Kavitha
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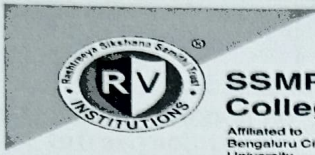


Attendees

Sl NO	Name	Section	Year	Department	Sign
45	Ajeetha A	'E'	2 nd year	B.COM	Ajeetha
46	Vishal	'B'	1 st	B.COM	Vishal
47	Prasthan Srinivas	'B'	1 st yr	B.COM	Prasthan
48	Changara R	'B'	1 st yr	B.COM	Changara
49	Abh ARUN	'B'	1 st yr	B.COM	Abh ARUN
50	Vinay. A	'B'	1 st yr	B.COM	Vinay. A
51	Arun Kumar L. B	'B'	1 st yr	B.COM	Arun Kumar
52	Arun Kumar K. Y	'B'	1 st yr	B.COM	Arun Kumar
53	Lakshak	'B'	1 st yr	B.COM	Lakshak
54	Nakul. P	'B'	1 st yr	B.COM	Nakul. P
55	Nitesh N	'B'	1 st yr	B.COM	Nitesh. N
56	Akash. V	'B'	1 st year	B.COM	Akash. V
57	Yashaswini. M	'B'	1 st year	B.COM	Yashaswini. M
58	Haryshitha. M	'B'	1 st year	B.COM	Haryshitha. M
59	Kishore. B	'B'	1 st year	B.COM	Kishore. B
60	Sharananya Rajesh	'B'	1 st year	B.COM	Sharananya
61	Chaitanya S	'B'	1 st year	B.COM	Chaitanya
62	Dhanushree. G	'B'	1 st year	B.COM	Dhanushree
63	Krunal Gowda	'B'	1 st year	B.COM	Krunal
64	D. V. Vidya	'B'	1 st year	B.COM	D. V. Vidya
65	Pallavi. G	'B'	1 st year	B.COM	Pallavi
66	Kavya. N. P	'B'	1 st year	B.COM	Kavya
67	Pritya. P. R	'B'	1 st year	B.COM	Pritya
68	Pranitha Caroline	'F'	1 st yr	B.COM	Pranitha
69	Teja K. N	'E'	2 nd yr	B.COM	Teja
70	Swaroop P. T	'E'	2 nd yr	B.COM	Swaroop. T
71	Vikas. P. B	'E'	2 nd year	B.COM	Vikas. P. B
72	Tejaswini. R	'B'	1 st year	B.COM	Tejaswini. R
73	Rakshitha. P	'B'	1 st yr	B.COM	Rakshitha
74	Kavya. V	'B'	1 st yr	B.COM	Kavya
75	Snehana D. S	'B'	1 st yr	B.COM	Snehana
76	Sneha. K	'B'	1 st yr	B.COM	Sneha
77	Harysh. G	'B'	1 st year	B.COM	Harysh
78	Siddhant. N	'A'	1 st yr	B.COM	Siddhant
79	Abhishek. C	'A'	1 st yr	B.COM	Abhishek
80	Shravya. A	'A'	1 st yr	B.COM	Shravya
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Deepika S

SRM COLLEGE
Jayanagar
4th 'T'
Block
Bangalore-41.



**SSMRV
College**

Affiliated to
Bengaluru City
University

Accredited by NAAC
with 'A' Grade



ANNUAL GENDER SENSITIZATION ACTION PLAN AND RELATED ACTIVITIES

Aparajitha - Women Empowerment Cell, SSMRV College - is a Cell which provides services that address the academic, social, emotional and personal development needs as well as the health and safety concerns of Female and Male students of the college.



Education is life, wherein, it should enable women to perform their roles/duties effectively and confidently. Women should be made aware of their rights and responsibilities towards building good society.

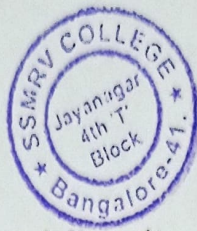
The institute is committed to creating an Inclusive environment, taking care to cater to the needs of all sections and cultures of society. To ensure respectful and dignified behaviour and to maintain a standard at the workplace, the Institute sensitizes all the employees and follows up regularly. After admission, the new students are to bring to the sense of sensitization by regular sessions within the induction and the orientation programmes. From admission onwards the new students are to have their sessions with the psychological counselor to positively influence them for their learning and emotional well-being.

From the beginning, the new students are to provide a mentor (who will be a teacher of her department). Weekly meetings between the mentor and mentee are to be conducted for them to smoothen the burden of study and to ease the stress in the new atmosphere. To ensure equal and unbiased measures for everyone for their teaching & learning activities. For this "No Discrimination Policy" has been strictly followed by all means. To ensure equal rights and participations in regular cultural activities, sports, NCC, debate, celebrations, and performing arts, girl students are encouraged without any sign of gender discrimination.

Women faculties and staff members are given equal participations in different activities performed throughout the year. All the committees formed include women faculties and staffs in appropriate numbers. Awareness programme for safety and security on regular basis are conducted. Girl students have been encouraged to undertake their physical fitness by joining (separate for girls and boys) gymnasium facility provided by the institute and regular yoga classes conducted by expert trainer, arranged by the institute.

Besides these, there are a plenty of opportunity to explore other different forms of sports in the college. The Institute conducts regular meetings of the committee of the Grievance Redressal for Sexual Harassment of Women at Workplace to look after the fact that safety and security in all such aspects are maintained. Different activities and topics related to gender sensitization have been conducted by Women empowerment Cell. Classes have also been conducted on Women's Rights School of Law faculty members and NSS. Raising awareness and aspirations by conducting events and programmes on gender equity, social media and cyber security and also conducted activities to make students to realize their full potential.

The institute is sensitive and committed towards gender equity issue. It has an effective women development cell which creates awareness regarding gender equity. The center aims at creating awareness among students about respect for all human beings & that everyone is valued and favored equally regardless of their gender. There are empowerment related activities conducted through workshop and hands on sessions.



To inculcate harmony towards cultural diversity, a number of events were organized in the Year 2022-23 Action Plan

The Action Plan identifies five dimensional model focusing on honoring students as individuals, central role of experience, new role of educators, freedom of choice, spirituality and education, educating -for literacy, for global citizenship, for human development and for participatory democracy at SSMRV College.

The Action Plan will help us, over the next years, to navigate and accelerate the gender equality journey that SSMRV College must take to improve the engagement, retention and advancement of female staff and students.

SSMRV College is committed to impart skill- and value-based education to students, through the best of academicians and professionals, to empower them to face the challenges of the competitive world. We will continue to pursue and report on statistics of the participation and experience of our staff. In adopting and implementing this Gender Sensitization Action Plan, our Institution demonstrates how it values the richness of diversity amongst its staff, and recognizes its responsibilities to take Institution wide transformative actions to enhance inclusion for all.

SSMRV Concentrates on Inclusive education for the holistic development of individuals to meet societal requirements.

Shaping young minds to learn, grow, and succeed “The RV way”

We SSMRV are offering equality of opportunity in education and employment. Many of our students are the first in their families and our college being a co-educational institution has secured a name in the locality as „safe and secure“ place for women students. Our success in promoting gender equality in our staff and students and retention of students and staff has been underpinned by a variety of actions and activities outlined below.



Annual Gender sensitization Action Plan:

Activity	Responsibility	Action	Outcome
Infrastructure			
Ensures students safety and security in the campus	Administrative office	Installation of closed-circuit television Cameras in all prominent places	Students feel Safe and secure especially women.
A girls" common room in a college	Administrative office	For the recreation of the students in the recesses. Sometimes, student leaders address the general students to make them aware of their problems. The girls" common room has a facility of table, chairs, lavatory, a Dispenser and a mirror.	It gives students relief from stress and strain of continuous lessons.
Installation of Sanitary Pads Vending Machine	Administrative office	Self-Service Vending Machine used for dispensing Sanitary Napkins against acceptance of Rs.5 Coins.	During the menstrual period cycle, it becomes very important. One can get a sanitary pad within a minute, without going outside or waiting for someone to deliver it
Review the functioning of ICC(Internal Complaints Committee)	Chairperson of the ICC	Grievances and complaints on gender issues, ragging and Other matters are dealt with.	Since the inception of the college no such issue has Taken place.
Faculty Development			
Continue to conduct events on gender equity	Principal- Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IQAC	Raise awareness among teachers on the behaviour of the teenagers	Improved student-teacher relationship
Depute faculty to participate in programmes on Gender sensitization	Principal- Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IQAC	Train faculty to handle gender issues	Importance to values, culture and traditions stressed



Raising awareness and aspirations

Conduct Events and programmes on gender equity, social media, cyber security, empowerment, health and hygiene --by conducting activities to make students realize their full potential	Women Empowerment Cell- APARAJITHA, SSMRV College Initiated by IAC	* Promoting equality and diversity, eliminating discrimination by creating an environment that reflects our commitment to social justice. * Helping students identify and develop their intellectual, supporting and cultural passions and supporting students to reach their full potential.	Participation of students in various – seminars, workshop, webinar, walkathon, rally, outreach programmes, cultural, curricular and extra-curricular events have improved. Their self-Confidence to face any situation has been enhanced.
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Supporting success

Enhance mentor – mentee relationship to provide student support services	Department Heads	Identify students financial and non - financial constraints and offer support	Improved student support services.
Analyze and improve student retention rate	Department Heads	Student engagement through Co-curricular activities.	Drop-out ratio is low.
Monitor student performance and Success rate and attainment of programme outcomes	Department Heads	Remedial classes coaching for academic examination	Pass percentage of students is more.

EXPLORING INSTITUTIONAL DATA: (GENDERWISE ADMISSION DETAILS)

1	The following information is about the students <u>admitted to Under-Graduate (3 years) Programme in SSMRV College</u>			
S.N.	Gender	No. of Students <u>admitted in AY (2022-23)</u>	No. of Students <u>admitted in AY (2021-22)</u>	No. of Students <u>admitted in AY (20-21)</u>
a	Male	1151	934	844
b	Female	988	827	775
Total (1+2)		2139	1761	1619
2	The following information is about the students <u>admitted to Post-Graduate (2 years) Programme in SSMRV College</u>			
S.N.	Gender	No. of Students <u>admitted in AY (2022-23)</u>	No. of Students <u>admitted in AY (2021-22)</u>	No. of Students <u>admitted in AY (2020-21)</u>
1	Male	18	28	19
2	Female	32	35	50
Total (1+2)		50	63	69



**APARAJITHA-Women Empowerment Cell, SSMRV College activity Centre –
Conducted these activities during 2022 to 2023.**

To inculcate harmony towards cultural diversity, a number of events were organized in the
Year 2022-2023:

2nd December 2022 - Workshop on Art, Craft and Painting Classes for 7 weeks (continuously
after regular class hours)

7th December 2022 - Health Talk on Adolescent girls and about Menstrual Pad and Clinical
Psychologist Session on “Anxiety and Depression amongst
teenagers(girls) – Marking the occasion “World Menstrual
Hygiene Day 2022- Theme “No Hesitation on Menstruation”

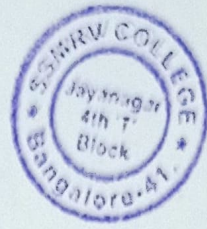
10th December 2022- Workshop on “Gender Mainstreaming” Marking the Occasion Human
Rights Day. The Speaker for the day was Ms. Veena Jain,
Founder of Jagruth, Counselling Psychologist and relationship
coach, Associated with Indian Airforce, Yelahanka, Karnataka.

8th March 2023 – National Level webinar on “Prevention of Sexual Harassment” Occasion on
“International Women’s Day 2023.

29th May 2023- World Menstrual Hygiene Day in association with ABHYUDHAYA- an NGO ,
and Seminar session on "awareness and demonstration of
menstrual cups" by Dr.Shanthi Thummala

**ACTIVITIES planned through Action Plan by APARAJITHA-Women
Empowerment Cell, SSMRV College activity Centre – Conducted these
activities during 2023 to 2024:**

- ❖ Workshops- on gender sensitization, on empowerment, on entrepreneurship
- ❖ Art, Craft and Painting classes conducted – Programme: Hands on Workshop
- ❖ Counseling by experts
- ❖ Field trips
- ❖ Seminar/Webinar
- ❖ Inviting Keynote speakers from Other Entities who are working in the field
and who are obtaining real-world experience.
- ❖ Inviting the Experts to speak with our APARAJITHA WEC members and offer
workshops that can potentially benefit students from different undergraduate levels.
- ❖ Discussing News and Trends of the industry with the members during meetings.



Co-ordinator : Prof. Shakeela M K

CURRENT OFFICERS (MEMBERS) of Women Empowerment Cell :

We welcome prospective Students to reach out to the Members of our Current Officers Team to learn more about the Aparajitha- Women Empowerment Cell, SSMRV College.

President	Alima Afthaz
Vice President	Sufiya Mehak
Vice President	Zahera Begum
General Secretary	Anjali Kumari
Secretary	Muskaan
Joint Secretary	Shahid
Joint Secretary	Rakshitha
Organising Secretary	Anjum
Organising Secretary	Hemanth
Treasurer	Shubhashree
Cultural Secretary	Shreya
Cultural Secretary	Bhuvanidhi

MEMBERSHIP:

You can Download the Women Empowerment Cell Membership Google Application Form; fill up required details, Join the WhatsApp Group and Submit the hard copy with the Faculty Incharge. We invite every female student to associate with the Women empowerment Cell and participate whole-heartedly, willingly in the programmes organized by the Cell.

FACULTY ADVISORS INCHARGE:

- ❖ Prof. M.K. Shakeela (Convenor)
- ❖ Dr. Kavitha. H. S.
- ❖ Dr. Jyothi H

PRINCIPAL
SSMRV College
Jayanagar, Bangalore - 41.
