



SSMRV College®
#17, 26th Main, 36th Cross, 4th T Block, Jayanagar,
Bengaluru - 560041, Karnataka, India

R V Educational Institutions
SSMRV College
Affiliated to Bengaluru City University
Approved by AICTE & Recognized by UGC

Activity Report

Academic year 2025-26	
Name of the Activity	One Day Trekking Program
Date	4th October 2025
Time and Venue	6:30 am, Tyakal – Kolar District
Mode (Online/Offline)	Offline
Web Link	
Organized by Name of the Department /Activity Centre	National Service Scheme (NSS)
Event Coordinator/ Faculty In-charge	Mr. Yallappa.M NSS Program Officer
Student Coordinator	Ms. Shewtha & Mr. Vipin President Vice President
Nature Academic /Co- curricular/extracurricular/others	Co-curricular
Topic Name	One Day Trekking Program
Resource Person Details (Name, Designation and Organization/Institution)	Mr. Yallappa. M NSS Program Officer Mr. Arun Kumar D Department Of Commerce Mr. Guranna Assistant Librarian
No. of Participants A)External B)Internal	59 NSS volunteers
Objectives of the activity	The NSS unit organized a trekking activity at Tyakal, Kolar District to promote physical fitness, teamwork, and environmental awareness among volunteers. The trek aimed to build confidence, discipline, and leadership skills while providing an opportunity to explore nature and experience adventure learning.
Outcome of activity	The trekking activity resulted in improved physical fitness, endurance, and teamwork among the



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volunteers. It helped them build confidence, leadership qualities, and a sense of responsibility. Participants also developed a deeper appreciation for nature and the environment, while strengthening unity and the true spirit of NSS service and cooperation.

- Invitation, 2-3 google tagged photos & any other supporting documents (Participants List, Resource Person's brief profile, Feedback Report)

